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tion of the spirit of the woman from having a deformity in the abdomen.

If the child survives its birth, the umbilical cord and the placenta are wrapped in a cloth or placed in a bamboo joint, and buried in the ground or hung up in a tree. If the latter disposition is made of them, a large tree of one of the hardiest varieties is selected for the purpose, in order that the babe may gain strength therefrom.

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Soon after the child is born offerings are presented to the spirit, and a string is tied around the child's wrist to keep its "k' la" from being enticed away. In some cases the cord is tied around the neck and loins as well as the wrist. These threads may be of scarlet to dazzle the eyes of the demons and prevent their seeing the "k' la" of the infant.[1] In Toungoo it is also customary to provide new cooking pots, water buckets, mats, knives, and a new ladder to the house, to render it more difficult for the spirits to find the child. Among the Brecs the husband goes into seclusion for seven days, during which he must speak to no one. He alone cares for the mother and child. Nobody is permitted to enter the house. Among the Padaungs the period of the husband's retirement is a month, and during a month and a half the whole family must live on rice roasted in bamboo joints, boiled rice being tabu. Although the villagers may not speak to the couple, the women are expected to brew a special liquor for their use during this period.[2] It is usual in these tribes for father and child to perform in pantomime the work that the child will be expected to do when it grows up. For example, the child's hand is put to a miniature hoe, with which the father strikes the ground. Dr. Mason speaks of this as taking place when the father returns from disposing of the placenta, but Dr. Bunker refers to it as coming later, when the father holds a feast for the child.[3] On the third day after the birth the father goes on a hunting expedition, the outcome of which is thought to indicate the relative success of the child's life. On the father's return from the hunt the child is bathed to remove all spiritual defilement from it, whereupon the father waves a splint of bamboo downwards over the infant's arm, as if fanning him, and

[1] *Cf.* Dr. Alonzo Bunker, *Soo Tha*, 21.

[2] *Cf. Notes on the Bwe Expedition*, by Capt. Coyndar (Rangoon, 1894); also *Notes on the Bwe and Padaung Countries*, by Lieut. E. W. Carrick (Rangoon, 1895). These are Government publications.

[3] Mason in *Journal, Asiatic Society of Bengal*, 1866; Bunker, *Soo Tha*, p. 21.

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846 says: "Fan away all illness, failure, stupidity, and wretchedness." Then fanning upwards, he says: "Fan on all prosperity, health, and
533 power." After this he ties a thread on the child's arm and gives it the name that he and the mother have chosen for it.

Among the Sgaw Karen I find that no special naming customs exist. However, according to our Western ideas, a curious selection of names prevails. One little girl was called Miss Thunder because, as was explained to me by her father, she was born at the time of a thundred storm. The name of a personal peculiarity, a color, an ancestor (especially of one who was prosperous or powerful), a flower, an animal, or a month may serve as a personal name. I know of men who bear such names as Tiger, Eel, Pole Star, Gladness, Yellow, Teacher-come (the person with this last name was born on the day a missionary first visited his village), besides many others equally odd.

551 Nicknames are in vogue among Karen children, as they are among their fellows in the Western hemisphere. Nicknames of a special class are those given by parents to disguise their love of, and their satisfaction in, their offspring, in order to keep the demons away from the latter. Such names suggest parental contempt and lack of affection in the hope of deceiving the evil spirits into thinking that the parents can not be injured through the injury or loss of their children. This practice is illustrated by names like Stink-pot, Rotten-fish, Lame-dog, etc., which often stick to men through life.[4]

847 Although boys are much more desired than girls, the latter
845 are not mistreated or abandoned, as they are in China and other Oriental countries. The Karen possess a considerable degree of
855 parental affection. Only in extreme danger, as formerly in the case of raids, would parents desert a female child. My observation is that Karen parents are too indulgent to their children and do not exercise as much control over them as would be good for them. Twins are not uncommon among these people, and triplets are not unknown. Twins are considered as having only one "k'la" between them. If one of the pair dies, the early death of the other is feared. Its wrist is, therefore, carefully tied with a cord, and every precaution is taken to prevent the escape of the "k'la." I presume that

[4] Parents sometimes express their satisfaction over the male sex of a child by applying to him a nickname indicative of the presence of the male genitals. Such appellations, as terms of endearment, are regularly recognized names and carry no opprobrium with them.

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triplets are also thought to share the "k'la" among them, but I am not sure as I have not made inquiry concerning such cases.

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It is common for Karen women in Lower Burma who are recovering from child-birth, to observe the custom that prevails among the Burmese, namely, to have a fire on an improvised hearth or in a brasier set near the mat on which they lie. The fire is kept burning constantly for several days or a week after their confinement, to assist them in regaining their strength. The hotter their rooms are kept, the more quickly they are supposed to recover their strength.

CHILDHOOD

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The period of childhood is a short one among the Karen.[1] The baby early accompanies its mother on her journeys from place to place or to work, slung on her back by means of an old blanket or skirt. When she puts the infant down, she improvises a hammock out of this cloth by tying ropes to its corners and swinging it from the rafters of the house or the little hut in the field or from the branches of a tree. When the child grows a little older he plays about, while his mother is at work; and when he goes with her he rides on her hip. (See p. 172.) She does not always give up carrying her first child on the arrival of the second. More than once I have seen a mother struggling along with a smaller child on her back and a larger one astride of her hip.

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The play of Karen children, more than that of the little folk of more advanced races, is imitative of the work of their elders. With little in the way of toys they gather a few bits of broken jars, which the girls utilize to cook rice in. The boys induce their father or some other male relative to make for them miniature bows and arrows, slings, and spears with which they assail dogs and crows, as well as small game along the edge of the jungle clearing. Streams afford places for them to play in the water or try for fish. With the sap of the banyan (bird-lime) smeared on a bamboo they may catch a crow for a pet. They tie together two bamboos, plantain stocks, or black bottles and lead them about as a yoke of oxen,

[1] On account of the fact that the Karen do not keep accurate age records, and also because of the shyness of the youth, it is difficult to obtain exact information as to when the children come to the age of puberty. The ages usually given me have been twelve for the girls and a year or two later for the boys. Two cases of arrested development of girls have come under my notice. Both of these died when they were reported to have been about sixteen or seventeen, and both were reported never to have had any periods. One appeared to be not more than a girl of nine or ten, while the other was larger but was emaciated and had defective eyes.

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of child-bearing to other members of the village. MacMahon states that the Bwe husband of a newly delivered mother complies with the custom of cutting fresh bamboo joints, in which he draws and heats the water for bathing the infant, over a fire kindled by himself in the open. He then carries the water to his wife's room up a new ladder, which he has made. After his wife has washed the child or he himself, in case she is too weak to do so, he hangs the bamboo joints under the house and leaves them there for six days before they may be used again.[1] On the day of the birth of a child, or even of a domestic animal, members of the village are forbidden to work. This is the tabu of births ("ta dū ta ble").

In the early times widows and orphans, as well as persons found to be holding improper relations, became tabu and were expelled from the village, in order to keep other inhabitants from falling under the vengeance of the evil-working demon, whose attention might be diverted from his first victims. The driving of these unfortunates into the jungle to live there by themselves, may be described as a kind of primitive quarantine.[2] Precaution of a different kind was at the bottom of the requirement that a visiting stranger should enter and leave the village-house by the same ladder. It was also required that the visitor must descend the ladder while facing inwards. Leaving the house by a different way from that by which one had entered, created suspicion of hostile intent among the inhabitants and might lead to hostilities. Like other neighboring peoples, the Karen observe a tabu in regard to women's garments, which must not come in contact with a man. Garments that are put out to dry must be hung away from the common paths in some inconspicuous place. Probably this custom originated in the fear that the supposed weakness of woman might be communicated to the men. For the same reason, evidently, the Brec tribe prohibits married men from taking part in making the coffin for a woman who has died in child-birth.

Tabus connected with portents, such as eclipses of the moon, earthquakes, the cries of apes, and certain strange sounds in the jungle, have a religious significance for the Karen and are accompanied by the prohibition of work for one or more days. The witnesses of these portents are seized with fear, drop their work, and stand about in helplessness. This, undoubtedly, is the normal behavior of primitive people under such circumstances. They as-

[1] MacMahon, *The Karens of the Golden Chersonese*, p. 218.
[2] See Chapter XIV on Social Conditions, pp. 193, 194.

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served their tabus they prospered, but when they neglected them they suffered adversity, it is alleged.

Marriage of a Karen with a person of another race was formerly strictly forbidden. This exclusiveness kept the racial stock pure and unmixed. In recent times the prohibition has not been rigorously enforced. Hence, the barriers between the Karen on the one hand and the Burmese and Shan on the other have been somewhat weakened, betokening—it must be confessed—a moral looseness that was unknown before. The village elders have always maintained that marriages outside of the tribe ("taw leu hko") were not good, although such unions have not been lately tabued. Marriages between members of the same tribe or of the same village, providing the parties concerned are not more closely related than cousins, are permitted. To marry a relative closer than a cousin would be incest, and all the tribes forbid such unions. On the day of a wedding in a village the inhabitants are forbidden to labor.

Adultery and fornication are under strict tabu, except in the Red Karen tribe,[2] the belief among the other tribes being that these sins are offensive to the "Bgha" [3] and destroy the productiveness of the fields, the "Lords of the earth" withholding their favor from the crops when they find that such deeds have been committed. In making their annual feast to these deities, the Bwe tribe formerly required those who had been guilty of uncleanness during the year to confess their sins and did not permit them to come near the sacrificial altars.

A number of prohibitions are connected with birth. One of the Sgaw precepts forbids pregnant women to eat the flesh of the curious monkey-tiger *(Ictides ater)*, bitter herbs, and the long smooth pod called alligator's tongue. Before the men adopted the modern fashion of wearing their hair short, the husband of a woman who was with child was not permitted to trim his locks, for fear of shortening the life of his expected offspring. During the first six days following a birth the custom of the Paduang denies to the father the right of associating or even speaking with any one, except his own family. He alone cares for the mother and child during the period named.[4] The purpose of thus secluding the father is to prevent the transmission of the danger and weakness

[2] See Dr. Mason's account in the *Journal, Asiatic Society of Bengal*, 1866.

[3] This is true in those localities where the "Bgha" are regarded as the family penates. In other localities, as among the Bwe, the offended powers were the "lords of the earth."

[4] Lieutenant R. W. Carrick, *Report on Bwe Expedition*, 1894-95, p. 22.

[5] E. B. Cross, J. A. O. S. (1854) Vol. IV, 298, ff. and D. C. Gilmore, Journ. Burma